



SAFE HEIGHT GOALPOSTS

METHODOLOGY

This process must be implemented in line with a site specific method statement and associated risk assessments detailing any additional risks and controls and access/egress and contact details etc.

Tools and Equipment Required: Adjustable Spanners, Shovels, Trolley/Skates.

To set up Safe Height Goalpost

1. Do not extend poles directly under overhead cables.
2. Goalposts to be set up minimum 10m from overhead cables (see diagram below). Place 25kg galvanised steel bases upon levelled ground (not suitable on embankments) minimum 1.2m from rail edge to enable engineering plant and trains to pass with adequate clearance.
3. Lay a minimum of two sand bags to each plate.
4. Insert correct telescopic pole for the matching steel base and bolt together.
5. Run pre-lit bunting out to opposite goalpost and tie to pole.
6. Switch solar LED's to on / connect terminals to 6v battery.
7. Raise telescopic poles and lock each extension.
8. To tension bunting, twist opposite pole to battery until required tension is obtained.

To dismantle Safe Height Goalpost

1. Untwist pole to release tension in bunting.
2. Lower telescopic poles and lock.
3. Turn LED's off, detach bunting from poles.
4. Un-bolt poles from steel base plates.
5. Remove from site.

